

## ASSOCIATES IN GASTROENTEROLOGY & LIVER DISEASE

### COLONOSCOPY / EGD INSTRUCTIONS FOR DIABETIC PATIENTS

#### IF YOUR DIABETES IS CONTROLLED WITH **ORAL MEDICATIONS ONLY**

- Schedule your Colonoscopy or EGD for a **MORNING**, unless otherwise instructed. Earlier is better.
  - For Colonoscopies, take your normal medication dose on the morning of the day prior to the procedure. **DO NOT** take any diabetes medication after **NOON**. This is the day you will take your preparation.
  - For both Colonoscopy and EGD, **DO NOT** take your diabetes medication before the procedure. You may take your medication after your procedure and after you have eaten.
  - Bring your medication with you to the hospital on the day of your procedure.
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#### IF YOU TAKE **INSULIN**

- Schedule your Colonoscopy or EGD for a **MORNING**, unless otherwise instructed. Earlier is better.
  - For Colonoscopies, take ½ of your normal insulin dose the day prior to the procedure. This is the day you will take your preparation.
  - For both Colonoscopy and EGD, **DO NOT** take any insulin on the day of the procedure, prior to your appointment.
  - Bring your insulin with you to the hospital on the day of your procedure.
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#### IF YOU TAKE **BOTH ORAL MEDICATION & INSULIN**

- Follow **BOTH** sets of instructions listed above.
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#### IF YOU HAVE AN **INSULIN PUMP**

- Schedule your Colonoscopy or EGD for a **MORNING**, unless otherwise instructed. Earlier is better.
- You **MUST** request specific instructions from your Endocrinologist and notify our office of those instructions **PRIOR** to preparing for your procedure.

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