



ASSOCIATES IN GASTROENTEROLOGY & LIVER DISEASE

LACTOSE TOLERANCE TEST (HYDROGEN BREATH TEST)

John Gaetano, MD Frank Martini, MD Alexander Tosiou, MD Tara Troy, MD

Appointment Date _____ Appointment Time _____ AM/PM

Location: Northwestern Lake Forest Hospital—660 N. Westmoreland Rd., Lake Forest, IL 60045

Appointments are available on Mondays or Tuesdays starting at 7:30 AM. These are done at the Lake Forest Hospital GI Lab. Enter through the **visitor** entrance with the flagpole.

This test takes a total of three (3) hours to complete. Appointments are available Tuesday through Friday at 8:30 AM. Any other time must receive prior approval from the lab.

PREPARATION

- Do not eat or drink after midnight the night before the test. The **ONLY EXCEPTION** is water.
- Do not smoke within two (2) hours prior to and/or during the test.
- Do not take any antibiotics within one (1) week prior to the test.

If you have any questions about taking medications, you must call the physician who ordered this test.

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