

ASSOCIATES IN GASTROENTEROLOGY & LIVER DISEASE

SUPER MODIFIED COLONOSCOPY PREPARATION

John Gaetano, MD Frank Martini, MD Alexander Tosiou, MD Tara Troy, MD

Appointment Date _____ Appointment Time _____ AM/PM

Arrival Time _____ AM/PM

Location Northwestern Lake Forest Hospital—660 N. Westmoreland Rd., Lake Forest, IL 60045
 Grayslake Endoscopy Center—1475 E. Belvidere Rd., Suite 303, Grayslake, IL 60030

IMPORTANT INFORMATION

- You must arrange for someone to take you home – you will not be allowed to drive because of the sedatives administered during your procedure.
- This modified preparation cannot be taken alone.
- It **MUST** be used in addition to one of the other colonoscopy preparations.
- Only use the super modified preparation if recommended by one of our physicians or nurses.

PREPARATION

- **SEVEN DAYS** prior to your procedure
 - Take one (1) capful of Miralax (sold over the counter) in 8 ounces of juice or water every morning.
- **TWO NIGHTS** before your procedure, on _____,
 - Clear liquid dinner only
 - Followed by one bottle (300cc's or 10 fluid ounces) of Magnesium Citrate (sold over-the-counter).
- Continue the rest of the preparation from the procedure instructions packet

NOTE: On the day of your procedure, if you take blood pressure, cardiac or thyroid medication, please take your medication as prescribed with a small sip of water.

Please call the office for any questions at 847-295-1300.

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